



## La tannerie – 23rd au 31st August 2020

### Le Trio Salzedo and Frédéric Stochl (doublebass)

Frédérique Cambreling (harp)

Marine Pérez (flute)

Pauline Bartissol (cello)

Propose a Music Workshop comprising :

- Individualized courses of instruments
- Chamber Music Workshops and collective improvisation

Open workshops of : **Woodwinds. Strings. Harp**

*The programme will centre mainly on the period of the 20<sup>th</sup> and 21<sup>st</sup> centuries.*

#### Location :

The workshops will take place in Avallon (89200) in the cultural centre of an ancient converted tannery.

#### Objectives:

Deepen one's knowledge of contemporary musical repertoire  
Increase awareness of improvisation and instrumental theatre.  
Learn to prepare to play an instrument (physical warm-up)

#### Minimum level required : Bachelor's degree

#### Price :

**430 Euros** for the entire courses and workshops (not including accommodation or meals)  
+ Three OPTIONAL sessions of corporal training - **60 Euros** (3 sessions) proposed by Nathalie Pommeret (highly recommended)

#### Organization and reception of participants :

**23<sup>rd</sup> August** – Arrival of trainees (between 17h and 19h) - *Free dinner proposed*

**24<sup>th</sup> August** - Beginning of the workshop

**30<sup>th</sup> August** – Open-Day for the public - *Complimentary end of workshop dinner*

**31<sup>st</sup> August**- Departure of trainees in the morning.

#### Accommodation proposed :

→ **La Tannerie** : 12 rue Saint Martin, à Avallon 89 000 – France

No supervisory staff for minors

3 or 4 person rooms with mezzanine and washroom. Kitchen, communal lounge, terrace and garden available. **22€ per day**

Large collective kitchen permitting each person to organize their own meals.

→ **Camping** and **guest-houses** nearby

For further information contact : [contacts@trio-salzedo.fr](mailto:contacts@trio-salzedo.fr)  
[www.trio-salzedo.fr](http://www.trio-salzedo.fr)

# INFORMATION

## **Chamber Music Workshop**

After the deadline for enrolment we will send you a suggestion of works and training in relation to the participants and the wishes of each.

For the training, mention the works you would like to broaden your knowledge of.

## **Workshop for style and body-language, vocal and instrumental -**

*Workshop open to ALL instrumentalists.*

Animated by Frédéric Stochl, proposes, through progressive physical and vocal training, to give oneself both to real-time awareness and musical innovation in play ranging from solo to collective.

Exploration not excluding confronting oneself to requests such as texts, scenic propositions both choreographic and theatrical.

## **Individualized courses of instruments**

The individualized Harp courses of Frédérique Cambreling, Flute with Marine Perez and Cello with Pauline Bartissol will take place throughout the residency.

Free Repertoire,

For harpists it is recommended that you bring your instrument, with the understanding that if this is not possible a Salvi harp will be available for your use.

# COMPLEMENTARY OPTION

Within the framework of the residence at Trio Salzedo, the Tannerie also proposes :

## → Workshop of physical body-language adapted to musicians:

The course proposes an exploration of the body structures of each person, adjustment of posture, stress management, refinement of sensorial consciousness in order to develop ease, subtlety and precision of movement.

The techniques used originate in contemporary dance, as well as methods of physical consciousness and analysis of movement : Feldenkrais, M. Alexander, Eutonie, Pilates as well as yoga and Qi qong.

The accent is placed on breathing but also on subtle kinesthetic perception, muscular, skeletal, organic and cutaneous sensations. Aside from the dynamic reinforcement of corporal capacity, this work leads to the opening of internal areas in the body, areas of centering and awareness.

**Animated by Nathalie Pommeret**, trained in the teaching of dance at the Royal Academy of Dancing, London, Art therapist in the hospital domain, Graduate of the Université Paris V, René Descartes. Collective courses at the Temps du Corps (cultural centre of the practice of traditional chinese health), individual courses with professional musicians.

→ Three 90 minute sessions of Floor barre: **20 Euros per session**

### ***Frédérique Cambreling, Harp***

Soloist with the Ensemble intercontemporain from 1993 to 2018, previously solo harp to the Orchestre National de France, **Frédérique Cambreling** shares her musical life now between her solo concerts and her engagement to the Trio Salzedo. Her eclecticism leads to her being invited to diverse festivals or Masterclass in Europe. She has created numerous works and recorded a large repertoire written for harp. **Frédérique Cambreling** teaches at the Pôle supérieur d'enseignement artistique de la Seine Saint Denis.  
Site officiel.

### ***Pauline Bartissol, Cello***

A limitless curiosity and a taste for sharing define the multiple facets of the musical life of **Pauline Bartissol**. 2<sup>nd</sup> Cello solo of the Orchestre Philharmonique de Radio France from 2007 to 2019, she has taught at the CNSMDP since 2013. Today she alternates with equal pleasure her activities of chamber musician at the heart of diverse workshops and collaborates regularly with the pianist Laurent Wagshal, the saxophonist and improviser Jean-Charles Richard and her friends the Trio Salzedo.  
Site officiel

### ***Marine Perez, Flute***

Formerly solo flute with the Stuttgart Philharmonic Orchestra and the Carpe Diem ensemble, **Marine Perez** pursues her career as soloist, chamber musician and orchestra musician. Mastering diverse instruments (from modern flute to traverso), **Marine Perez** is regularly invited to numerous festivals in Europe, the United States and Africa. By composing or producing transcriptions which explore all repertoires she creates musical spectacles and willingly associates artists (dancers, visual artists, actors and puppet-masters) to projects she undertakes. **Marine Perez** teaches at the Conservatoire de Gennevilliers and develops artistic workshops, pedagogical cafés and initiation concerts destined for children with the "Pochette Musicale".

### ***Frédéric Stochl, Double Bass***

Solo Double Bass with the Ensemble Intercontemporain from 1980 to 2012 and elsewhere in numerous musical, theatrical and choreographic creations. He was professor of dance and physical education at the school of TNS, of double bass at CNSM of Lyon then Paris, of chamber music and of musical theatre at CNSMDP.

His latest collaborations : theatrical and musical have been with the choreographer Richard Segal, the actor musician Dominique Collignon Maurin, the musician and creator of spectacles Florentin Ginot.



### **\*Location of workshops and accomodation**

The workshops take place in Avallon, Burgundy in an ancient tannery converted into a cultural centre, from 23<sup>rd</sup> to 31<sup>st</sup> August.



Situated 220km from Paris and 250km from Lyon, Avallon is a very pleasant town in the Yonne department near to the Morvan. It is easily accessible by train and car. If coming by train you will arrive at the railway station of Avallon via the stations of Paris Bercy, Montbard, Autun, Auxerre Saint-Gervais, La Roche-Migennes. By car Avallon is 10km from the A6 motorway.

→ **Address** : La Tannerie, 12, rue Saint Martin 89200 - Avallon

→ **Web-Site**: [www.tannerie89.fr](http://www.tannerie89.fr)



## ENROLMENT FORM

Surname : ..... First name:.....

Date of Birth : .....

Instrument : .....

Level of Studies:.....

Address:.....

Town:..... Postcode:.....

Tel:..... Email:.....

Works, Repertoire or training desired:

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I wish to participate in the workshop of physical body-language  YES

NO

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Form to be returned before the 1st July accompanied by a cheque of 130Euros deposit (which will be deducted from the cost of workshops) payable to Trio Salzedo. For participants coming from abroad, a bank transfer, for which the bank details will be communicated upon reception of the enrolment form

Trio Salzedo : 12 rue de la Fontaine Neuve 89200 Avallon

In case of desistance after the enrolment deadline the deposit will not be refunded. The balance of 300 Euros covering the price of the workshop will be paid upon arrival in addition to membership fee to the association La Tannerie 89 of 10 Euros.

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Date and signature: